



Optimal Time to See an Orthodontist

Predicting whether your child will need orthodontic care can be difficult. All children progress at varying rates and the position of the baby teeth does not necessarily indicate the position of the adult teeth. Beginning treatment at the appropriate time ensures the greatest results and helps to reduce the risk of more complex treatment needed in the future.

Teeth and jaws that may look normal can be hiding problems that are best addressed before age 7.

Clues Your Child Needs an Orthodontic Evaluation:

- Losing baby teeth early or late
- Problems with biting or chewing
- Thumb-sucking
- Evidence of a crossbite
- Protruding upper or lower teeth
- Biting the cheek or roof of the mouth
- Teeth that don't touch when closing the mouth
- Crowded, misplaced, or blocked-out teeth

The Airway, Proper Breathing and Affects on Growth

The ability of your child to breath properly through their nose influences the way their entire facial structure develops. It gives them their adult facial appearance. A child who does not breathe well usually does not sleep well and snores.

Your child's narrow airway and difficulty breathing is affecting more than you know.

Signs That Your Child Needs to See an Orthodontist for Airway Issues:

- Dark circles under the eyes
- Difficulty breathing through nose/ mouth breathing
- Chronic allergies
- Sleepiness- even after a full nights rest
- Snoring or teeth grinding
- Hyperactivity and lack of focus
- In search of alternative methods for ADHD-like symptoms
- Upper front teeth protrude out of the lip closure
- Prolonged bedwetting
- High arched, narrow palate

Give Your Child the Gift of a Healthy Smile

Not only do well-aligned teeth look good, they are also important to good dental health. Poorly aligned teeth and jaws can lead to both dental and facial growth problems. Both are issues that get harder to address, as children get older.

Early Orthodontic Intervention Allows:

- Guidance of jaw growth into a normal pattern
- Lowers the risk of trauma to protruding front teeth
- Corrects harmful oral habits
- Improves appearance and self-esteem
- Guides permanent teeth into a more favorable position
- Improves breathing issues
- Reduces the risk of more complex treatment in teens
- *Reduces need for tooth extraction
- *Reduces need for surgical intervention





As a parent you want the best for your child. That includes healthy teeth and jaws, and a pleasing smile. As an Orthodontist, Dr. Jovan, has expert knowledge of the new and emerging treatment technologies.

The American Association of Orthodontists recommends every child have an initial orthodontic evaluation BEFORE AGE 7.

Why an Orthodontist?

An orthodontist is a specialist who has two to three years of additional education beyond Dental School, and is an expert in choosing the best treatment option for you and your child.



Meet Dr. Sarah Jovanovska (Dr. Jovan)

Dr. Jovan was drawn to the profession of Orthodontics when she discovered how life changing a new smile could be. She loves to see how each patient's treatment progresses along with the resulting self-confidence and health that orthodontics brings. The most rewarding part of this experience for Dr. Jovan is the trusting relationships she forms with her patients and their families.

Dr. Jovan earned her Doctorate of Medical Dentistry (DMD) at the prestigious Case School of Dental Medicine and her Specialty in Orthodontics at Louisiana State University. She is also a published author on the importance of dental education. Because Dr. Jovan loves her patients and her profession, she spends hundreds of hours each year on learning new and inventive ways to bring her patient's the finest possible care.

Dr. Jovan looks forward to each new relationship that she makes with her patients and treasures the bonds she establishes with them. She is eager help you envision a future with a beautiful smile.

A mother's touch to your child's orthodontic care

For a complimentary growth evaluation, contact us at:

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YOUR CHILD'S FIRST
ORTHODONTIC CHECKUP

NO LATER THAN AGE 7

